



There is a video that goes with this podcast

🔔 Includes a song and worksheet

| Number and name              | Description   | topic                   | topic                |
|------------------------------|---|-------------------------|----------------------|
| 143                          |   |                         |                      |
| 142                          |   |                         |                      |
| 141                          |   |                         |                      |
| 140                          |   |                         |                      |
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| 138                          |   |                         |                      |
| 137                          |   |                         |                      |
| 136                          |   |                         |                      |
| 135                          |   |                         |                      |
| 134                          |   |                         |                      |
| 133 Looking is seeing        | Jackie and Richard talk about wearing glasses and visiting the optician's           | optician's              | personal experience  |
| 132 Stand and sing           | Jackie and Richard talk about national anthems; how much do you like yours?         | singing                 | patriotism           |
| 131 Culture shock            | Jackie and Richard share their experiences of being in a different culture          | travelling worldwide    | personal experience  |
| 130 Forza Italia             | Linda talks about holidaying in Italy, listen and find out what she likes so much   | places: Italy           |                      |
| 129 Parkrun, what's that?    | Listen to Jemma talk about an event that's becoming more popular by the week        | sport: running          | personal experience  |
| 128 Fear of flying           | Listen to Sue talk about her experience on a long haul flight to South Africa       | phobias: flying         | personal experience  |
| 127 The streets of Kolkata   | Join Richard among the hustle and bustle, taste and sounds of this amazing city     | places: Kolkata, India  |                      |
| 126 Chocolate, yay!          | We celebrate World Chocolate Day with a podcast about the world's favourite flavour | food: chocolate         |                      |
| 125 The dancing queen        | Listen to Nora talk about her unusual life as a professional dancer                 | jobs: dancer            | travel: cruise ships |
| 124 British icons: Yorkshire | Join Pam and Jackie in one of the nicest parts of the UK                            | places: Yorkshire       | culture: British     |
| 123 No news is good news     | Why is our daily dose of news always dominated by gloomy headlines?                 | good news v bad news    | culture: the news    |
| 122 Shaken not stirred       | British icons: James Bond, the world's favourite spy                                | culture: British cinema |                      |
| 121 Ashes to ashes           | Everybody goes to a funeral, even if it's only their own!                           | culture: funerals       | personal experience  |



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|-----------------------------|--|----------------------------------|-----------------------------------|
| 120 The refugees            | Thousands are travelling but where are they from and where do they want to go?         | politics: immigration            | civil war                         |
| 119 The ballot box          | We look at the pros and cons of three different voting systems                         | politics: voting                 |                                   |
| 118 Rain stopped play       | Richard explains how to play one of the UK's most popular sports - cricket, of course! | sport: cricket                   | culture: the Ashes                |
| 117 The Hatton Garden Heist | Over the Easter weekend in London nine thieves made a daring raid and stole millions   | crime: British                   |                                   |
| 116 Below the line          | Do you comment online? Do you use your real name? Why not?!                            | culture: online                  |                                   |
| 115 A place in the Sun      | The pie team talk about their experience of being on a TV show                         | culture: British TV              | personal experience               |
| 114 You are what you eat    | Do you want to lose weight? We talk about diets and dieting                            | diets: Atkins / Mediterranean... | nutrition: fat, protein, carbs... |
| 113 Blowin' in the wind     | Where is the windiest place in the world? Watch a BBC video and find out               | geography: Mt Washington         | numbers                           |
| 112 Knit 1, purl 1          | Get out your needles and yarn, Jackie and Helen are talking about knitting!            | hobbies: knitting                | personal experience               |
| 111 Cool blue               | The blue LED won the Nobel Prize for Physics. What's so special about that?            | science: physics                 | Nobel Prizes                      |
| 110 Jo's motors             | Jo talks about cars and driving; buckle up and enjoy the ride!                         | anecdote                         | transport: types of cars          |
| 109 The picnic              | When the sun shines there's nothing better than eating outside!                        | remembering the past             | culture: British                  |
| 108 No more umpires!        | With modern technology there's no need to have umpires or referees anymore, is there?  | technology: hawkeye              | sport: tennis & football          |
| 107 Dial 999                | Join Sue in her kitchen and find out why she called the fire brigade                   | anecdote: kitchen fire           | insurance                         |
| 106 No connection           | How did Jackie and Richard survive when the Internet went down?                        | technology: internet             |                                   |
| 105 That sinking feeling 🔔  | What could be worse than the Earth opening up and swallowing you?                      | geology: sinkholes               | places: US & UK                   |
| 104 Don't look down...      | and hold on tight as Nicky talks about rock climbing                                   | extreme sport: rock climbing     | personal experience               |
| 103 The Winter Olympics     | You don't need to come from a snowy country but you're unlikely to win a medal         | sport: Winter olympics           | comparing Summer games            |
| 102 That was the year 2013  | We look back at last year with a quiz, how many questions can you answer?              | remembering the past             |                                   |
| 101 Poetry                  | Powerful or pointless? Is there still a place for poetry these days?                   | culture: poetry                  | Bob Dylan<br>Wilfred Owen         |
| 100 Citizenship             | Why Gareth decided he wanted to be French as well as British                           | culture / nationality            |                                   |
| 99 Pick a pocket or two...  | How to survive your holiday from the increasing number of pickpockets                  | crime: pick pocketing            | places around the world           |
| 98 The yellow jersey        | Pelotons, polka-dots and Paris - it's the Tour de France. Allons-y!                    | sport: cycling                   |                                   |
| 97 Boy George               | Rob talks about the challenges of being a father with a young son                      | family: fatherhood               | personal experience               |



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| 96 Yummy umami                           | Helen and Jackie get their tongues around a new taste sensation                      | food: taste                      |                                 |
| 95 Trial by jury                         | Is having 12 strangers the best way to resolve a criminal case?                      | justice: juries                  |                                 |
| 94 Samba sensation                       | Put your dancing shoes on and join us at the world's biggest carnival!               | festivals: carnival              | places: Rio de Janeiro          |
| 93 The tube                              | Happy anniversary: The London Underground is 150 years old this week                 | transport: the underground       | places: London                  |
| 92 Coffee break                          | Richard has several ways of getting his caffeine fix in the morning                  | drink: coffee                    |                                 |
| 91 On yer bike!                          | Helen and Jackie share past and present memories of getting on their bikes           | sport: cycling                   | remembering the past / anecdote |
| 90 Harvest moon                          | Autumn's full moons are cause for celebration in both the East and West              | astronomy: the moon              | seasons: autumn                 |
| 89 The eagle has landed                  | We recall the amazing Apollo 11 mission to commemorate the death of Neil Armstrong   | science: space                   | astronomy: the moon             |
| 88 London Olympics                       | It's here at last, but not everyone's greeting the Games with flag-flying enthusiasm | sport: Olympics                  | places: London                  |
| 87 20/20 vision                          | Jemma can see clearly now - but that hasn't always been the case                     | senses: sight                    | anecdote                        |
| 86 Douze points                          | The UK wants Baku to vote for 'The Hump' at the Eurovision Song Contest              | culture: Euro pop songs          |                                 |
| 85 The long-distance runner              | Jemma talks about how wonderful it feels running a marathon                          | sport: marathon running          | personal experience             |
| 84 Sisters are doin' it for themselves 🔔 | Or are they? We talk about International Women's Day                                 | gender: inequality               |                                 |
| 83 A garden bench                        | Richard needs his saw, drill and lots of patience for this woodworking project       | hobbies: woodworking             |                                 |
| 82 British icons: the panto              | Actor David talks about one of Britain's winter highlights                           | culture: British theatre         | tradition: New Year / Christmas |
| 81 Lord of the lip                       | How has Adam been fundraising for the Movember campaign?                             | charity campaigning              |                                 |
| 80 Fire! Fire!                           | Peter describes his narrow escape from a forest fire                                 | personal experience              | anecdote                        |
| 79 The big mac                           | Are Apple computers the best designed in the world?                                  | technology: computers            |                                 |
| 78 Going Dutch 🔔                         | Meet Hendrik, who doesn't come from Holland!   | nationality                      | places: The Netherlands         |
| 77 Ironman!                              | He's fit and he's tough; James tells us what he does to become an Ironman!           | sport: triathlon                 | personal experience             |
| 76 Festival fun                          | Will the pie team be joining the festival crowds this summer?                        | culture: British music festivals |                                 |
| 75 India, incredible India               | Rosie talks about living and working in one of the world's most exciting countries   | living in places: India          | personal experience             |
| 74 Vanishing bees                        | Does it matter that bees around the world are buzzing off?                           | hobbies: beekeeping              | environment: pesticides         |
| 73 Red Nose Day                          | Why is Richard's sister wearing pyjamas to work for Red Nose Day?                    | charity campaigning              | culture: British                |



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| 72 The name game2            | Forget John and Mary, here's Brooklyn and Peaches!                                   | family: names                   |                         |
| 71 The name game             | Why are so many Brits changing their names?  | culture / identity              |                         |
| 70 Happiness                 | Feeling happy? Enjoying life? How do you know?!                                      | well being                      |                         |
| 69 Los 33                    | What happens now to the San Jose miners?   | places: Chile                   | disaster                |
| 68 Is that a Mango t-shirt?  | Jo talks about her love of high-street brands  | culture: shopping               |                         |
| 67 Big boys don't cry...     | but why not? Surely men should be able to snivel too?                                | gender: inequality              |                         |
| 66 DIY                       | The pie team are hammering away in their new home!                                   | hobbies: home improvement       |                         |
| 65 Forty-love                | Forget the football - let's see if we can do any better at Wimbledon!                | sport: tennis / rules           | longest match ever      |
| 64 The moneyless man         | Mark Boyle decided last year he wouldn't spend any more money - how does he do that? | alternative lifestyle           |                         |
| 63 Troubled waters           | The BP oil spill is a disaster for the seafood industry, as this video explains      | places: The US                  | environmental disaster  |
| 62 An American in Spain      | Scott talks about the highs and lows of Spanish living                               | culture: US / Spanish lifestyle |                         |
| 61 Spring forward, fall back | The pie team look forward to longer summer evenings                                  | daylight saving time            |                         |
| 60 Relationships             | Why does Sandra think romance is such a tricky affair?                               | gender                          |                         |
| 59 A history of the world... | in 100 objects. The pie team talk about a great British Museum project               | history                         | culture: British Museum |
| 58 Yes, you can!             | Phillipa believes everyone can learn English - and has some great advice             | learning English                |                         |
| 57 A click away              | The pie team talk about how the Internet has changed their lives                     | technology: computers           | remembering the past    |
| 56 Liquid gold               | Witness the pie team's first olive harvest   | agriculture: olive trees        |                         |
| 55 The colour purple         | Jackie has a rant about the fashion trade  | culture: fashion                |                         |
| 54 Open wide!                | Richard visits the dentist - the man that everyone dreads!                           | everyday life: the dentist      |                         |
| 53 The music biz (part 2)    | Why did Nigel leave for the less glamorous world of teaching?                        | culture: British pop music      |                         |
| 52 The music biz (part 1)    | Nigel talks about his rock star days   | culture: British pop music      |                         |
| 51 Banksy: artist or vandal? | The pie team talk about Britain's spray can maestro                                  | culture: British art            |                         |
| 50 An artist in Italy        | Join Julian as he paints the Tuscan countryside                                      | hobbies: painting               | places: Florence        |
| 49 The tipping point         | Sarah confirms that Americans are great tippers                                      | lifestyle: eating out           | culture: US / UK        |



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| 48 The Emerald Isle (part 2)      | Michael returns to talk about the differences between the North and the South of Ireland  | culture: Irish                   |                     |
| 47 The Emerald Isle (part 1)      | Michael talks about Ireland - and St Patrick's Day of course                              | culture: Irish                   |                     |
| 46 Highlights of Cyprus           | The pie team talk about what they liked most about the island                             | places: Cyprus                   | holidays            |
| 45 An Englishman in Cyprus        | Why a Brit left Blighty and settled down in Cyprus  | living in places: Cyprus         |                     |
| 44 The year ahead                 | How do Richard's mates feel about the next twelve months?                                 | looking forward                  |                     |
| 43 Happily ever after             | Love is in the air as we talk about romantic fiction                                      | romance                          | jobs: author        |
| 42 Dear President-elect           | Children write letters to Obama about their hopes for the future                          | politics: US elections           |                     |
| 41 Up, up and away                | Audrey goes hot-air ballooning during her holiday in Turkey                               | places: Turkey                   | personal experience |
| 40 Operation catsnip              | Richard finds himself unexpectedly taking part in an operation                            | science: biology                 | animals: cats       |
| 39 Bad hair day                   | Wash, cut and blow-dry - Jackie and Becky have been to the hairdresser's                  | everyday life: the hairdresser's | anecdote            |
| 38 Diplomatic pass                | Stefano assures us it's not all cocktail parties at the Italian Embassy                   | jobs: diplomat (Italian)         | anecdote            |
| 37 Edinburgh festival             | Graham talks about the biggest arts festival in the world                                 | culture: theatre                 | places: Scotland    |
| 36 A fruity red or a crisp white? | Jackie tries her hand at wine tasting   | hobbies: wine tasting            | personal experience |
| 35 Desert drive                   | Join the pie team at the Baghdad Cafe in the middle of the Syrian desert                  | places: Syria                    | holidays            |
| 34 Going green (part 2)           | Sonia offers some solutions   | environmental issues             | places: Jordan      |
| 33 Going green (part 1)           | Sonia believes Jordanians should be more aware of the problems                            | environmental issues             | places: Jordan      |
| 32 To be or not to be             | How come Shakespeare's still so popular and relevant today - even in the Middle East?     | culture: Shakespeare             |                     |
| 31 University life (part 2)       | Advice on how students can make the most of their university experience                   | student life                     |                     |
| 30 University life (part 1)       | A university lecturer outlines the problems foreign students have when studying in the UK | student life                     |                     |
| 29 Radio ham                      | Frank talks about his love of amateur radio   | hobbies: radio                   |                     |
| 28 Two wheels good                | Zoom into 2008 with a crash course on motorbiking   | transport: motorbikes            |                     |
| 27 Resolutions                    | People talk about the resolutions they have or haven't made for the year ahead            | looking forward                  |                     |
| 26 Mrs President                  | Are the United States going to vote for their first female president in 2008?             | politics: US elections           | gender              |
| 25 Super jumbo!                   | A passenger on the first commercial flight of the Airbus 380 describes his experience     | transport: planes                | personal experience |



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| 24 Under the sea                     | Swimming with sharks and seals in the Irish Sea  | hobbies: Scuba diving           | personal experience     |
| 23 Ramadan                           | Asha talks about the most important month in the Muslim year                               | religion: Islam                 |                         |
| 22 British icons: the pub            | The pie team talk about pubs and chat to Jack the bartender                                | culture: British pubs           |                         |
| 21 Paint a picture                   | A Canadian artist is inspired by the old quarter in Hanoi                                  | jobs: artist                    | places: Hanoi           |
| 20 Podcasting                        | Meet the man who inspired the pie team to start podcastsineenglish.com                     | business: entrepreneurship      |                         |
| 19 Buddhism                          | Monks, merit making and the colour for Monday  | religion: Buddhism              | places: Thailand        |
| 18 What a wonderful world            | Take part in choosing the new 7 wonders of the world                                       | places: around the world        | architecture / building |
| 17 Mike the musician                 | There's more to playing the guitar than Jackie realises                                    | hobbies: guitar playing         | music                   |
| 16 A childhood at war                | Robert tells us what it was like as a young lad during the 1940s                           | history: WW2                    | personal experience     |
| 15 Living in Japan                   | Steve gives his impressions of the land of kimonos and hello kitty                         | living in places: Japan         | architecture / building |
| 14 The learner who teaches           | Lynda tells us what it's like on both sides of the teaching divide                         | jobs: teacher                   |                         |
| 13 And the winner is...              | Jackie and Richard predict the winners of this year's Oscars                               | culture: films                  |                         |
| 12 The lucky dog and the plucky duck | How two of our animal friends escaped certain death and why dog owners lead a healthy life | animals: dog / duck             | anecdote                |
| 11 The level 3 quiz                  | Ten questions to test your knowledge of the pie level 3 podcasts.                          | quiz, asking questions          |                         |
| 10 Casino Royale                     | The new beefier, blond Bond comes up trumps in the latest movie                            | culture: British films          | James Bond              |
| 9 Jingle bells                       | Peter compares his family Christmases in the past to the present                           | tradition: Christmas            |                         |
| 8 Hallowe'en                         | The night of witches and ghosts has an interesting history                                 | tradition: Hallowe'en           |                         |
| 7 The thunderbolt kid                | Author Bill Bryson reads an excerpt from his book about growing up in America in the 1950s | places: The US                  | personal experience     |
| 6 Down the pub                       | Join the team for some traditional pub grub  | food: pub                       | anecdote                |
| 5 Pottery village                    | An ancient art is uncovered in a quiet corner of Bangkok.                                  | craft: pottery                  | places: Thailand        |
| 4 Chatuchak market                   | Join the team as they stroll through one of Asia's biggest markets                         | places: Thailand, street market |                         |
| 3 Joe's tattoos                      | Joe tells us all about his tattoos   | culture: tattooing              |                         |
| 2 Working and living abroad 2        | Christine describes her new business venture   | jobs: boat rental               | places: Thailand        |
| 1 Working and living abroad 1        | Christine tells us how a holiday destination turned into a new life abroad                 | places: Thailand                |                         |