





There is a video that goes with this podcast

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191 Local customs	Celebrating local dances, music and costumes	culture: regional	culture: Portugal
190 What a racket!	Peace and quiet in the countryside? No way!	senses: sound	countryside v the city
189 The lowlands	Where are the skyscrapers in Europe?	architecture: Europe	buildings
188 Landmarks unvisited	Which famous landmarks in London have we not seen?	tourism: London	culture: London
187 How to make a billion	A start up company that became a huge success	holiday rentals	Airbnb
186 Buyer beware	What to look out for when buying online	online shopping	security
185 Leaving home	The challenges of learning to live away from home	practical skills	co-habiting
184 Lost in translation	Just how easy is it to translate from one language to another?	grammar and culture	google translate dictionaries
183 Back of the net	Some fun football jargon before the season finishes	sport: football	idioms / expressions
182 Left or right?	Do you have a problem telling left from right?	mental gymnastics	real life problems
181 Being kind	The simplest way to make you, and others, feel better	acts of kindness	
180 Do protests work?	Do governments actually listen to protestors?	civil disobedience	suffragettes BLM
179 Dinosaurs	Amazing creatures from a prehistoric world	archaeology	palaeontology
178 <b>British icons: Robin Hood</b>	Jackie and Richard talk about a popular British legend	culture: British	myths / legends
177 Take the train, not the plane	But aren't train journeys long, slow and boring?	remembering the past / anecdote	transport: trains
176 What did you learn at school today?	We think some more practical skills should be taught	education: lessons	practical skills
175 The Commonwealth	A very British institution, but what exactly is it?	culture: British	history: British colonies
174 Street Life	What's happening in the street outside your house?	culture: social interaction	
173 Do look up!	Jackie and Richard talk about the amazing James Webb space telescope	science: space	engineering
172 Before the Internet: letter writing	How did we keep in touch before emailing and social media?	remembering the past / anecdote	communicating
171 Orange tea	The names of a fruit and a drink have a fascinating history!	etymology	history: trade
170 Cheap, expensive, more expensive	How much money do you need to be an Olympian?	sport: Olympics	finance
169 What is Britishness?	How do the people of England, Scotland and Wales identify themselves?	culture: British	national identity
168 Hard cash	So is Richard a penny-pincher or a big spender?!	personal finance	



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167 How did they survive?	Two situations you wouldn't want to experience	personal experience	survival stories
166 Animals, humans and diseases	Some interesting reasons why we fall sick	public health: diseases	
165 Before the Internet: buying records	When people left their homes and went to the shops to buy their music	remembering the past / anecdote	music
164 Before the Internet: travelling	Jackie and Richard recall how they organised their travels in the past	remembering the past / anecdote	making arrangements
163 The big five	Meet Europe's five most impressive wild mammals	animals: Europe	environment: rewilding
162 The collectors	It's not just people who like to find and keep things	animals: fox / cat	true life stories
161 Hobbies at home	Interesting things to do when you're indoors all day	three personal experiences	lockdown
160 Once upon a time	There are some very unpleasant people in fairy tales!	villains / witches	tradition: folklore
159 Facebook fun	Jackie and Richard recommend a couple of sites to raise a smile	Facebook groups	lockdown
158 The long arm of the law	Jackie and Richard talk about their experience with the police...	anecdotes	culture: police forces
157 The big top	Acrobats, trapeze artists and animals: we are at the circus!	remembering the past	live entertainment
156 Happy hols?	Jackie and Richard had the perfect Christmas, or maybe not...	tradition: Christmas	anecdotes
155 TV or not TV?	Is television still the most popular home entertainment?	culture: British	making comparisons
154 What's cooking?	Richard talks about the things he can make in the kitchen	different ways of cooking	meals
153 Life in the UK	Jackie and Richard take the UK citizen test, but do they pass?!	culture: British citizenship	
152 Then and now	Jackie returned to the UK after 10 years, what changes did she see?	culture: British	making comparisons
151 TT week	Join Richard on the Isle of Man for the ride of your life!	places: Isle of Man	motorbike racing
150 Big machines	See why our village has turned into a building site	road making equipment	
149 Green is the fashion	How can you be stylish and save the planet at the same time?	environment	sustainable clothing
148 The 2018 quiz	Which stories made the headlines last year? And can Richard remember them?!	questions and answers	remembering 2018
147 Filming the wild	We look at the amazing technology that makes wildlife programmes so great	film technology	
146 Life v films	We look at some of the differences between our lives and those we watch at the cinema	features of every day life	making comparisons
145 The golden section	The wonder of a mathematical formula found in nature	science & nature	maths
144 The land of the red dragon	We talk about Wales, one of the smallest countries that makes up the UK	Places: Wales / geography	People: Welsh



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143 Milestones	Which are the events that Jackie and Richard see as special in their lives?	special events	personal experience
142 A clash of continents	So will there be any surprises at the World Cup this time?	sport: football	
141 Being crafty	Jackie talks about two craft courses she went on recently	hobbies: spinning / natural dyeing	
140 The shooting	Another tragic event in the US, we talk about what happened and the case for gun control	culture: US	gun control
139 Where's our package?!	Jackie and Richard start the new year by complaining about couriers	delivery services	
138 Mind games	Experiments show there's more to making up our minds than we think	science: the brain	
137 Pick up the pieces	Jackie and Richard have discovered a new way to spend time: doing jigsaws!	hobbies: jigsaws	
136 That's funny	Jackie and Richard talk about what makes them laugh, hee hee!	culture: humour	
135 Bugbears	Jackie and Richard have a moan about those everyday things that annoy them	personal anecdotes	
134 Four legged friends	40% of households in the UK have pets, Jackie & Richard talking about having pets	different pets	culture: British
133 May Day	Join Jackie and Richard as they talk about the May 1st celebrations	culture: British	
132 The Taj Mahal	Travel to India and join Richard at a truly magical place	places: India	architecture
131 Hair today, gone tomorrow!	Jackie and Richard talk about their hair and which products they use	aging	personal experience
130 Buster the boxer	A fun end to the year: watch the most popular Christmas advert in the UK	tradition: Christmas advert	culture: British
129 The Trump card	Love him or loathe him, Trump's speeches have always made the headlines	politics: US	
128 Knife, fork and spoon	Or perhaps something else? How do you eat your food?	culture: eating	food
127 Collecting things	Butterflies, beads or buttons, people collect many different things. What about Richard?	hobbies: collections	personal experience
126 Not just a phone	Karin talks to Jackie about her favourite apps on her mobile	new technology	
125 The Euros	Four weeks of fun and football to look forward to with the UEFA European Championship!	sport: football	
124 All around the world	Helen tells Richard about the different places she has lived, and which is her favourite	travelling worldwide	personal experience
123 Call the midwife	Meet Naomi who is training to become the most important person on the maternity ward!	training experience	personal experience
122 No idea! The 2015 quiz	How much does Jackie know about 2015 and can you do any better?	remembering 2015	questions and answers
121 The calendar	Attractive as well as useful, calendars also have an interesting history!	history, religion	astronomy



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120 <b>Cowboy country</b>	Join Jackie and Richard with the cowboys, horses and shoot-outs	culture: film sets / cinema	places: Almeria, Spain
119 <b>Fly the flag</b>	New Zealand is thinking about changing their flag - so why is that?	culture: national flags	places: New Zealand
118 <b>Once in a blue moon</b> 🎵	This month we see a blue moon, but what is that exactly?!	astronomy: moon	
117 <b>Jaws</b>	Why the "teeth of the sea" is still one of Hollywood's most frightening films	culture: cinema	thrillers
116 <b>The old grey matter</b>	Get your thinking hats on for this podcast which is all about the brain!	science: biology	parts of the body: brain
115 <b>Baking soda</b>	There's something quite amazing on the shelf in the kitchen!	(domestic) science	cooking / DIY
114 <b>The 5:2 diet</b>	What success, if any, have the pie team had with their dieting?	food: calories	dieting: calorie-controlled
113 <b>Whose turn is it?</b>	Reasons for sitting down with family and friends and playing a board game this holiday!	culture: board games monopoly	learning skills
112 <b>Real Madrid</b>	Join Richard with Real Madrid supporter Al before a Champions' League match	sport: football	predicting
111 <b>Useful or useless?</b>	That's the question we ask about some household gadgets	kitchen gadgets	consumerism
110 <b>Dennis the Menace</b>	Jackie and Richard talk about comics and their favourite comic characters	remembering the past	culture: British
109 <b>Drive, drove, driven</b>	A podcast about learning to drive. Beep! Beep!	personal experience	
108 <b>The Great War</b>	Listen to some facts about the First World War which started a hundred years ago	history: WW1	numbers
107 <b>The World Cup</b>	Facts and fun about one of the most coveted trophies in sport	sport: World Cup football	the trophy
106 <b>Holy Week</b>	For the Easter festival the pie team tell the story of Jesus' last days	festivals: Easter	religion: Christianity
105 <b>The tramp</b>	The pie team celebrate 100 years of Charlie Chaplin and his famous tramp	culture: silent movies / cinema	
104 <b>A mouse in the house</b> 🎵	Jo talks about some uninvited guests that are making themselves feel at home	animals: mice	anecdote
103 <b>Giddy up!</b>	Jackie and Richard share their riding experiences to celebrate the Year of the Horse	animals: horses	anecdote: horse riding
102 <b>British icons: The Doctor</b>	The pie team celebrate 50 years of Doctor Who	culture: British TV	sci-fi
101 <b>Mushrooms</b>	Delicious and deadly, the pie team take care when picking their favourite free food	food: mushrooms describing	seasons: autumn
100 <b>Catching up</b>	Jackie hasn't see Sue for a while, what's the news from her and the family?	people: family	
99 <b>Whale watching</b>	Jackie sails into the Mediterranean in search of marine life	animals: whales	places: Spain
98 <b>The Grand Prix</b>	Montreal, Monte Carlo, Melbourne - Formula 1 racing can now be seen all around the world	sport: formula 1	remembering the past / anecdote
97 <b>On top of the world</b>	60 years ago this week 2 men stood on Mount Everest for the very first time	history: mountain climbs	places: Mt Everest



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96 Say 'cheese'	Jackie discovers that making cheese from scratch comes with some surprises	hobbies: making cheese	
95 The people's pope	The Catholic church says goodbye Benedict, hello Francis	people: the pope	world event
94 Under the weather	Richard's not feeling very well. Oh dear, what's the matter?	ill health	describing
93 Lucky 2013 or not?	A podcast about 'magic dates' and why they're disappearing	dates, numbers	
92 O Christmas tree!	Why is the 'queen of the forest' part of the Christmas decorations?	tradition: Christmas trees	
91 Good boy!	Guide dogs help blind people to enjoy the same freedom of movement as everyone else	animals: (guide) dogs	
90 The octogenarian	How does Robert feel about being 80 years old?	people: getting old	old age, ability
89 Students abroad	Scott offers advice to ESL/EFL students at UK universities	students, university life	
88 The Paralympics	Some interesting facts about the other half of London 2012	sport: Paralympics	disability
87 The Fab Four <b>British icons</b>	Fifty years later you can still hear The Beatles' songs being played on the radio - why is that?	music: The Beatles	culture: British pop music
86 Mad or what?	A British skydiver has jumped from a helicopter without a parachute - and survived!	extreme sport: skydiving	
85 The winner takes it all	The lottery part 2: is life always better after winning a lot of money?	people: lottery winners	anecdotes
84 Money money money	The lottery part 1: it seems everyone's dreaming of winning the jackpot	culture: the lottery	
83 Creature comforts	Which comforts from home is Helen missing while she's living abroad?	culture: British	
82 The headlines	Natural disasters, revolutions and a new country: 2011 had it all!	remembering the past	politics / environment
81 Scott of the Antarctic	100 years ago the race to the South Pole was won, but not by Captain Robert Scott	history: South Pole expedition	places: Antarctic
80 Poppy Day 🎵	How a simple wildflower can have so much meaning	history: World War 2	
79 Let's bake	Bread, pies and tarts; there's more to baking than making a cake!	food: baking	culture: British
78 Come camping!	Join the pie team in their tent, and never mind the rain!	hobbies: camping	remembering the past / anecdote
77 How to serve	Top tennis tips for the summer months ahead	sport: tennis	
76 Let's twist again...	like we did 50 years ago! The pie team celebrate the ever popular dance	culture: pop music and dance	remembering the past
75 Planking	Jackie is completely confused by the latest Internet craze	culture: unusual trends	
74 Wedding bells	Debbie describes her slightly unusual wedding day	life event: marriage	personal experience
73 Buzz buzz!!	The pie team have a new, and perhaps dangerous, hobby!	hobbies: beekeeping	



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72 <b>A tale of two islands</b>	The pie team talk about their island homes	places: Jersey & Isle of Man	
71 <b>Ten to eleven</b>	3 friends look back on 2010 and look forward to what's coming	remembering the past year	looking forward
70 <b>Raindrops keep falling. Idioms...</b>	rain. The pie team talk about getting wet, wet, wet!	weather	
69 <b>And the kids came too</b>	Sue talks about family holidays with her not so little children	family relationships	holidays
68 <b>In focus</b>	Cameras have come a long way since Robert started his hobby	hobbies: photography	technology: cameras
67 <b>University - full!</b>	Here's one solution for the many students who can't get into university this year	student life	gap year / volunteering
66 <b>Paris in summer</b>	Sarah thinks the French capital is the most romantic place to be in the sun	places: Paris, French lifestyle	student life
65 <b>Blue for boys...</b>	and pink for girls. Why aren't brothers and sisters treated the same?	gender / inequality	remembering the past / anecdote
64 <b>Kick-off!</b>	The World Cup has come a long way since 1930 as the pie team are keen to tell	sport: World Cup history	
63 <b>The volcano</b>	Living with an active volcano is tough for the Icelandic people	places: Iceland	geography: volcanoes
62 <b>The battle for number 10</b>	Who will be the next British prime minister?	politics: British elections	
61 <b>British icons: fish n chips</b>	Find Richard in the chippy for his favourite fast food	food: British	
60 <b>Scary sports</b>	Ski jumping, skeleton and slalom - the winter Olympics has the most dangerous sports	sport: Winter Olympics	
59 <b>The 6 nations</b>	Tries, conversions and oval balls - Richard talks about rugby!	sport: rugby	
58 <b>Is Fairtrade fair trade?</b>	Are the people who make our daily cuppa getting a good deal?	politics / inequality	global issues
57 <b>The PC</b>	Where would we all be without our personal computers?!	technology: computers	anecdote
56 <b>Stressed out?</b>	Scott reveals his special way of dealing with stress	lifestyle advice	
55 <b>Beauty or the beast?</b>	Opposing views on the use of wind turbines	environment	alternative energy
54 <b>La isla bonita</b>	Delia lives in Mallorca - how lucky is that?	places: Mallorca, Spanish lifestyle	
53 <b>One-to-one. Idioms...</b>	one. A Voice of America recording with a story about 'number one'	numbers	
52 <b>The Kyoto box</b>	What's the Kyoto Box? Does it work? Watch the video and find out	technology	alternative energy
51 <b>Geocaching</b>	The pie team have become fans of the world's latest high-tech hobby	technology: GPS	hobbies: geocaching
50 <b>Paper frog</b>	Watch Lindsey show us how to make an origami frog	hobbies: origami	instructions
49 <b>Poor Pluto</b>	The pie team get starry-eyed and talk about the planets for the Year of Astronomy	science: space	astronomy: the solar system

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48 A good book	Richard reveals he's a Raymond Chandler fan	learning: reading	
47 Carob cottage	Maureen talks to Richard about her holiday home	places: Cyprus	
46 Through the ages	How do you feel about your age? Do you mind growing older?	people: getting older	
45 Highlights of 2008	What were the best bits of last year for Richard?	remembering the past	
44 Facts about Cyprus	Watch and listen to the video the pie team made about Aphrodite's island	places: Cyprus	holidays
43 Head over heels. Idioms...	The pie team talk about that magic feeling	romance	
42 Watching the box	The UN says that 21 November is World TV Day - but everyday is TV day, isn't it?	culture: British TV	
41 Are you ready to order?	There's more to eating out than just the food	lifestyle: eating out	
40 In the land of Nod. Idioms...	sleep. The pie team hope nobody dozes off while listening to this podcast	sleeping	
39 The eye of the storm	Gustav, Hanna, Ike and Josephine - it's the height of the hurricane season	extreme weather	hurricane names
38 In the doghouse	Tricia explains why she's not so keen on man's best friend	animals: dogs	anecdote
37 Faster, higher, stronger	It's here at last - the 2008 Beijing Olympics!	sport: Olympics	
36 You say <i>to-may-to</i>	and I say <i>to-mah-to</i> : some differences between US and UK English	languages: pronunciation	
35 Viva España	Boquerones, bulls and beautiful buildings - the pie team went to Spain	places: Spain	holidays
34 Podcast 101	Dogs, George Orwell, Taipei and the police - what's their connection with the number 101?	culture	
33 A family tree	Natasha tells Richard about her multicultural family	family tree	multi-cultures
32 Ethical travel	Philip has some radical ideas on how to save the planet	environment	travel: planes
31 British icons: the postbox	The third podcast in our series of popular symbols of Britain <b>British icons</b>	culture: British postboxes	
30 Lights. camera, action!	Richard chats to his mates about their favourite movies	culture: popular films / cinema	
29 Ooh la la!	The French president is in the news - but it's not because of his policies	politics: French president	
28 The road to Damascus	Watch and listen to the video of our drive to the Syrian capital over Christmas	places: Syria	holidays
27 Face to facebook	Lina tells us why she's a fan of Britain's most popular social networking site	culture: social networks	Internet
26 Arghhhh!!	Creepy crawlies or the dark - what are you afraid of?	animals: insects etc	phobias
25 Shop less, live more	That's the Christmas message for this year's Buy Nothing Day - can you?	consumerism	tradition: Christmas



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24 Past and present	So how does Beryl feel about the changes in her village over the last 80 years?	remembering the past / anecdote	comparing
23 A taste of Spain	Marina returns with some mouthwatering Mediterranean meals	food: Spanish	
22 London 2012	We meet the man responsible for designing and building the Olympic site	architecture / building	
21 You are what you eat	Hamburger and chips? No thanks, says Nick	food: health / nutrition	
20 Hola Espana	Fiestas, siestas and flamenco - Marina talks about Madrid	places: Madrid / lifestyle	
19 A special treat	Jackie and Richard splash out on a meal by the river	lifestyle: eating out	places: Bangkok
18 Giving and receiving	Holiday souvenirs, unusual gifts and presents for the teacher	places: around the world	anecdote
17 Going for gold	The pie team dig up some interesting facts about the world's most precious metal	history: gold rush	jewellery
16 What's that you're reading	Fanny talks about what she and other Indonesians like to read	learning: reading	types of books
15 An apple a day...	keeps the doctor away. Or does it? Dr Adam tells all	food: health / nutrition	
14 Teachers in uniforms	Discover a place where teachers wear a different coloured uniform every day	clothes	places: The Philippines
13 Ideal homes	What makes a house a home?	places to live around the world	
12 Jersey	Take a trip to a small island with lots to discover	places: Jersey	
11 Love songs	The pie team compare love songs from British singers Elton John and James Blunt	culture: British pop music	
10 Making sense of Sudoku	Jackie reveals the secrets of the addictive number puzzle	numbers / using logic	
9 The level 2 quiz	Eight questions to test your knowledge of the pie level 2 podcasts	quiz, asking questions	
8 The adventures of Grammarman	Is it a bird? Is it a plane? No! It's the world's first grammar superhero!	learning English	cartoons
7 Pirates	A Voice of America broadcast on pirates past and present	places around the world	
6 The cat story	Donna tells us about a catnapping	animals: cats	anecdote
5 Geography quiz	Can you beat Richard in the Geography quiz?	quiz, asking questions	geography
4 Beckham steps down	A tearful David Beckham addresses the press	sport: football	people: David Beckham
3 The night train	Jackie and Richard travel through the night in Thailand	places: Thailand	travel: trains
2 Travelling by train 2	An interview about travelling to Ko Samui	places: Thailand	travel: trains
1 Travelling by train	Richard tells a funny story about train travel in Vietnam	places: Vietnam	anecdote